



## Health Care Procedure

### Illness & Medical Conditions

#### **Guiding Principles**

The YMCA experience must be one that is safe and healthy for all participants. Although the YMCA strives to welcome all children at all times, there are occasions when children should not be in child care.

#### **The over-riding principles are:**

- The well being of the child. Can the child participate in all areas of the program?
- Does the child have a condition that is contagious? (persistent runny nose, consistent sneezing/coughing, head lice, undiagnosed rash, Chicken Pox, Whooping Cough, Hepatitis A, Impetigo, Measles, Mumps, Pink Eye, Ring worm, Rubella,, Scabies, Step Throat, active diarrhea, vomiting, or a fever above 38 degrees)
  - When a child shows signs of sickness at home, it is the parent's responsibility to find out what the illness is and keep the child at home.
  - It is imperative that these guidelines are followed so we can prevent the spread of infectious diseases to other children and our staff.
  - At the centre, if your child develops symptoms of an infectious disease, or an undetermined illness, or if the child is uncomfortable and unable to participate in normal activities, the Director or designate will contact the parents or emergency contact requesting that your child be picked up as soon as possible.

Should you have any questions or concerns in regard to the above procedure, please speak with your centre Director.

#### **What if my Child Requires Medicine?**

- If your child requires medication that is to be administered during their day at the Child Care Centre the Director or designate will administer the medication provided it's in a prescription form.
- If the medication is not in a prescription form (over the counter) you must provide the Director with a written letter from your child's doctor. The letter must be on doctor's letterhead or prescription pad with signature stating the amount, time(s), duration and reason.
- If the letter is not specific enough medication will not be administered until proper instructions are given and/or the above requirements have been met.
- All medication must be locked up by a YMCA Child Care staff. It cannot be left in a locker, backpack or cubby.
- All medication must be clearly labeled with your child's full name, arrive in its original package which should be placed in a zip lock bag, to prevent cross contamination. We do not have a measuring device at the centre. Therefore, please ensure your measuring device is labeled and accompanied with your medication.

***Please note: You will be required to fill out a "Medication Form"***

