

SWIMMING PROGRAM

Member Registration: December 7th Non-Member Registration: Dec 21st

REGISTERED SWIMMING PROGRAM –EFFECTIVE JAN 9 – MAR 19

	Cost	Level	Monday	Tuesday	Thursday	Saturday	Sunday
Parented L'il Dippers Ages 0-3	Member/free 2 nd class/\$36 Public \$60	Splashers Bubblers	4 - 4:30 pm 6:10 - 6:40 pm	9 - 9:30 am 4:35 - 5:05 pm 5:10 - 5:40 pm	4 - 4:30 pm 6:15 - 6:45 pm	10:05 - 10:35 am 12:50 - 1:20 pm	1:05 - 1:35 pm 3:00 - 3:30 pm
L'il Dippers Ages 3-5	Member/free 2 nd class/\$36 Public \$60	Bobbers Floaters Gliders	4:35 - 5:05 pm 6:45 - 7:15 pm	9 - 9:30 am 9:30 - 10 am 4 - 4:30 pm 5:45 - 6:15 pm	4:35 - 5:05 pm 5:10 - 5:40 pm	9:30 - 10 am 10:40 - 11:10 am 12:20 - 12:50 pm	12:30 - 1 pm 1:40 - 2:10 pm
		Divers Surfers Dippers	4:35 - 5:05 pm 6:45 - 7:15 pm	4 - 4:30 pm 5:45 - 6:15 pm	4:35 - 5:05 pm 5:40 - 6:10 pm	9:30 - 10 am 10:40 - 11:10 am 12:15 - 12:45 pm	12:30 - 1 pm 1:40 - 2:10 pm
Learn To Swim Ages 6+	Member/free 2 nd class/\$36 Public \$60	Otter Seal	4 - 4:30 pm 6:10 - 6:40 pm	4:35 - 5:05 pm 5:10 - 5:40 pm	4 - 4:30 pm 6:50 - 7:20 pm	10:05 - 10:35 am 12:50 - 1:20 pm	1:05 - 1:35 pm 3:00 - 3:30 pm
		Dolphin Swimmer	4 - 4:30 pm 6:10 - 6:40 pm	4:35 - 5:05 pm 5:10 - 5:40 pm	4 - 4:30 pm 6:50 - 6:20 pm	10:05 - 10:35 am 12:50 - 1:20 pm	1:05 - 1:35 pm 3:00 - 3:30 pm
Youth Learn to Swim Ages 10-14	Member/free 2 nd class/\$36 Public \$60	Otter Seal Dolphin Swimmer			 7:25-7:50pm		
Star Program Ages 8+ (and completed Learn to swim)	Member/free 2 nd class/\$36 Public \$63	Star One Star Two Star Three Star Four	5:10 - 5:55 pm	6:20 - 7:05 pm	5:10 - 5:55 pm	11:15 - 12 pm	2:15 - 3 pm
	Member/free 2 nd class/\$36 Public \$70	Star Five Star Six	5:10 - 6:10 pm	6:20 - 7:15 pm	6:15 - 7:15 pm	11:15 - 12:15 pm	2:15 - 3:15 pm
Master Swimmer	Member/free 2 nd class/\$36 Public \$70		4:30 - 6:30 pm				
Youth Stroke Development	Member/free 2 nd class/\$36 Public \$70			5:10 - 5:40 pm	6:15 - 6:45 pm		
Special Learn to Swim	Please call Aquatics Director 757-9622 ext 354						
Semi Private Lessons	Member \$78 Public \$105 Max 3 participants per class		5:10 - 5:40 pm		6:15 - 6:45 pm	1:30 - 2pm	
Private Lessons	Member \$16 per half hour Public \$21 per half hour - Please call Aquatics Director 757-9622 ext.354						
Bronze Star	\$66/member \$92/ Public						3:30 - 5 pm
Junior Life Guard Club	Member/free 2 nd class/\$36 Public \$70					new time	3:30 - 5 pm
Adult Learn To Swim & Stroke Development	Member/free 2 nd class/\$36 Public \$70		7:15 - 8 pm			1:30 - 2:15pm	

Private Lessons

Member \$16 / Public \$21 per ½ hour
Get personalized attention with our one-on-one private swim lessons!
Dates and times are based on availability of space.
Please call the Aquatic Director, ext 354 to register or for more information.



Introducing
Youth Learn to Swim
Otter, Seal, Dolphin and Swimmer
for ages 10-14.

Thursdays 7:25 – 7:50 pm

Aquatic Leadership at the Northwest YMCA

Bronze Medallion **AND** Bronze Cross
Feb. 25-27 and Mar 23-25

\$90/Members ● \$125/Public
Prerequisites:
Bronze Medallion – age 13 or Bronze Star
Bronze Cross – Bronze Medallion

YOUTH PROGRAMS

Member Registration: December 7th Non-Member Registration: December 21st

Youth Classes (ages 6+) Schedule effective JAN 9 – MAR 19

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Needs After School Program 3:15-6:00	Special Needs After School Program 3:15-6:00	Special Needs After School Program 3:15-6:00	Special Needs After School Program 3:15-6:00	Special Needs After School Program 3:15-6:00	@Bouldering 9:30-10:30 @Imagination Station 9:30-10:00 @Roped Climbing 10:30-11:20 *Mad Science 10:10-11:00 *Jr Baking 11:15-12:25
	@Climbing 5:10-6:10	Challenge 5-550 Floor Hockey 6-650	Volleyball 600-650		Dodgeball 11:30-12:00 Challenge 12:00-12:50
@Climbing Games 5:30-6:20 @Roped Climbing 6:30-8:00 Soccer 6:20-6:50 *Babysitting 7:00-7:50 Drop In Drama 8:00-8:30	*Senior Cooking 645-8:00	Girls Growing Strong/Young Adventurers 6:30-8:30 Table Tennis 7-750	LITS/Leaders 7-9	Teen Night 7:00-9:45	
			@Climbing 700-750		@Tae Kwon Do 2:00-3:00 ☺ Family & Ages 8-14
Multisport 8:00-8:50	Basketball 8:00-8:50	Dodgeball 8-850	Fun Factor 8-850		

Preschool Age Programs effective January 9th – March 19th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kiddie Kare 8:00-12:30	Kiddie Kare 8:00-12:30	Kiddie Kare 8:00-12:30	Kiddie Kare 8:00-12:30	Kiddie Kare 8:00-12:30	Kiddie Kare 8:00-12:30	Kiddie Kare 9:00-12:00
<i>Playschool 4 & 5 Year Olds</i> 9:15-11:15***	<i>Playschool 2 Year Olds</i> 9:15-11:15***	<i>Playschool 4 & 5 Year Olds</i> 9:15-11:15***	<i>Playschool 3 Year Olds</i> 9:15-11:15***		Kinder Gym 9:30-10:15 Story & Craft 10:20-11:00	
Kinder Gym 11:00-12:00	Soccer Mites 11:00-11:30	Hockey Mites 11:00-11:30	Mini Fit Kids 11:00-11:30		*Little Einsteins 11:10-11:40 *Mini Chefs 11:50-12:20	
Kiddie Kare 5:30-8:30	Kiddie Kare 5:30-8:30	Kiddie Kare 5:30-8:30	Kiddie Kare 5:30-8:30		Soccer Mites 12:30-1:00	

Please ask at the front desk or check the website for information on any of the following special programs:

- Special Needs after school program
- Schools Out Day Camps
- Leadership Programs
- Birthday Parties
- Kiddie Kare

Fees

Drop-In Classes: Free for members/Day pass required for nonmembers.

*Registered Classes: \$32 members/61 nonmembers.

@Registered Class: No Fee

*** Playschool Fees/Registration required

\$38 Members/\$48 nonmembers per month 2 & 3 Year Olds
\$72 Members/\$88 Non-members per month 4 & 5 Year Olds